

**Physical Education (K-12)
Lees-McRae College**

Minimum of two (2) semester hours are required to fulfill each of the following competencies unless otherwise noted.

Competency		Course Prefix & Number	Course Title	Course Offerings
B	Kinesiology, Fundamental Motor Skills & Movement Forms	BIO 475	Anatomical Kinesiology	
C	Anatomy or Physiology	BIO 271, 272	Human Anatomy / Physiology I, II	
		BIO 473	Physiology of Exercise	
		PED 362	Nutrition & Athletic Performance	
E	Sports, Physical & Leisure Activities (minimum required total of 2 semester hours)	PED 105 – 212	Physical Activity Class	

Posted: Spring 2018
Revised: Spring 2018

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand
e=even years, o=odd years, ^=online

Course typically offered **on campus** if shaded.

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, <http://www.lmc.edu/>.